



a series to help us think, talk, and act



A few years ago, my husband and I attended a wedding in another city. Our son Samuel, who lives with a complex disability, was not able to travel. When we arrived at the wedding feast, we discovered a name-card for Sam alongside ours. Even though the bride and groom knew that Sam could not attend, they had remembered him by having his name-card on the table. People living with disabilities are not always able to attend events. Whatever the reasons might be for their absence, small actions can signal that they are not forgotten.

Story by Coralie Bridle, PhD

While human dignity is not dependent on personal feelings or the judgments of others, palliative care expert Harvey Chochinov claims, in a sense, dignity resides in the eye of the beholder. It is difficult for a person to feel dignified when they are not respected and valued by others.



Credit: Christine Johnston

Human dignity has no conditions. We are all created by God who loves each one of us and has made us image bearers of the divine. We are responsible to live in community seeing others as whole individuals worthy of respect.

For we are God's handiwork, created in Christ Jesus
to do good works, which God prepared in advance for us to do.
Ephesians 2:10

LET'S TALK IT OUT

- Who are the people who may not feel welcome? Why?
- What makes respecting and valuing a person challenging?
- What barriers are in the way of honouring human dignity?

What can we do differently to ensure people feel seen and valued?



We respect and value each other, recognizing everyone's worth.



FUN 
FACT

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